

Supplementary information

The supplementary information contains 9 figures and figure legends:

Supplementary Figure 1 (supports Figure 1 and 2): Chemogenetic inhibition or lesioning of VTA^{Vgat} neurons produced increased locomotor activity and baseline controls

Supplementary Figure 2 (supports Figure 3): Behavioral baseline during the treatment period and serum lithium level during treatment

Supplementary Figure 3 (supports Figure 3): The mania-like behavior produced by lesioning VTA^{Vgat} neurons cannot be treated by lithium

Supplementary figure 4 (supports Figure 3f): Valproate treatment normalizes the sleep-wake architecture of the VTA^{Vgat}-CASP3 mice

Supplementary Figure 5 (supports Figure 3): The mania-like behavior produced by lesioning VTA^{Vgat} neurons can be largely treated by diazepam

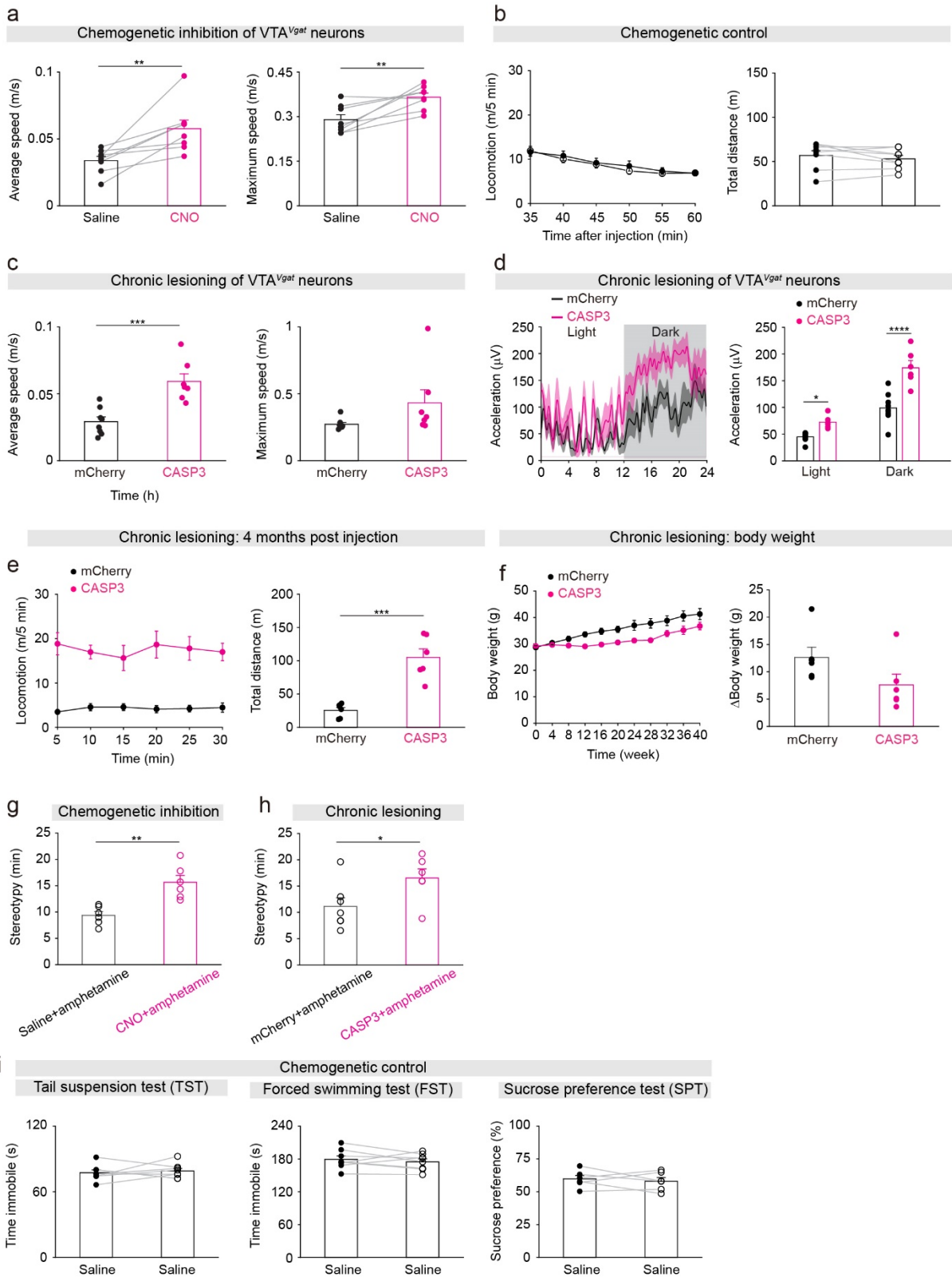
Supplementary Figure 6 (supports Figure 3): The mania-like behavior produced by lesioning VTA^{Vgat} neurons cannot be treated by lamotrigine

Supplementary Figure 7 (supports Figure 3): Body weight of the mice during and after drug treatments

Supplementary figure 8 (supports Figure 5): Blocking dopamine signaling restores extended wakefulness of VTA^{Vgat}-CASP3 mice

Supplementary figure 9 (supports Figure 5): Chemogenetic inhibition of the VTA^{Vgat} to LH projection produces hyperlocomotion and less depressive-like behavior

Supplementary figures

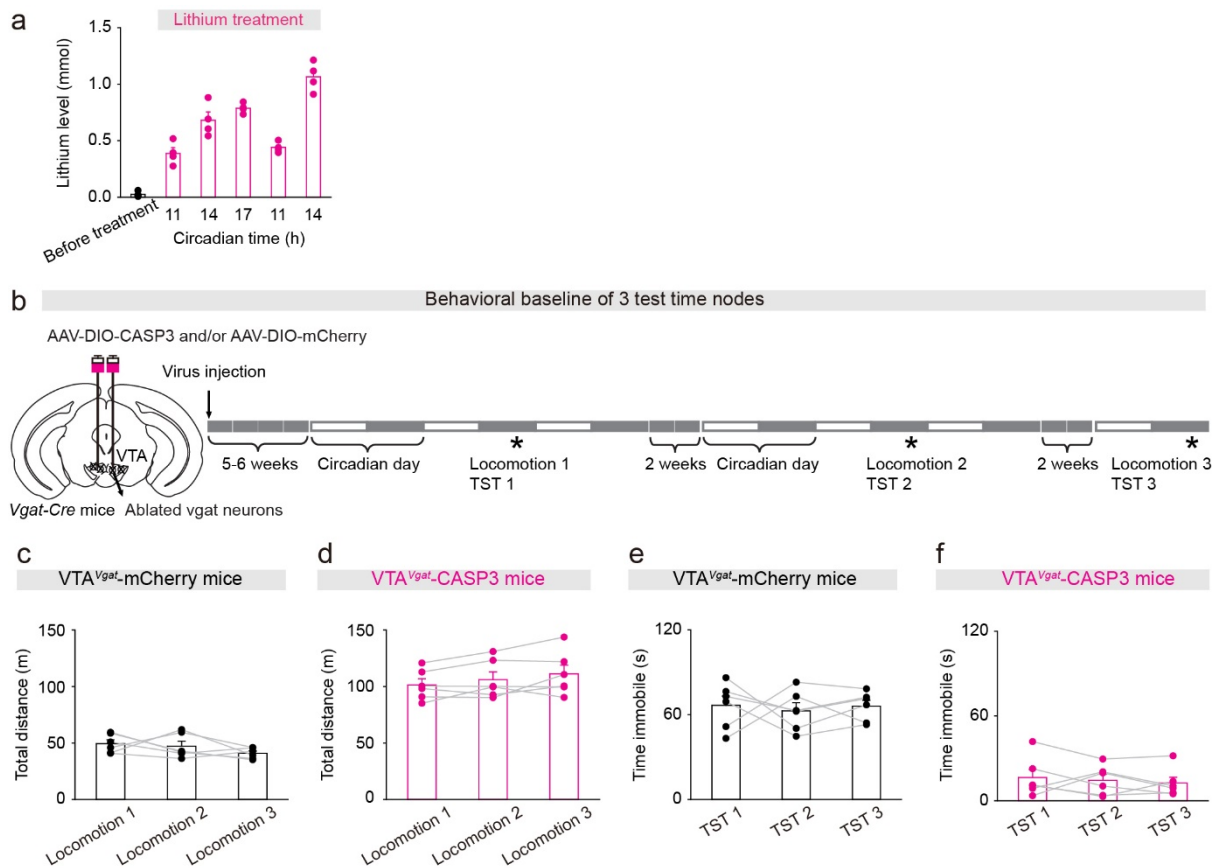


Supplementary Figure 1 (supports Figure 1)

Chemogenetic inhibition or lesioning of VTA^{Vgat} neurons produced increased locomotor activity; and baseline controls

- (a) Average speed and maximum speed of VTA^{Vgat}-hM4Di mice (n=8 mice) that received either saline or CNO injection. Paired t-test, average speed: $t(7)=-4.57$, $**p=0.007$; maximum speed: $t(7)=-3.84$, $**p=0.006$.
- (b) Behavioral baseline: Locomotion speed and distance travelled of VTA^{Vgat}-hM4Di mice (n=8 mice) that received a saline injection and two weeks later a second saline injection. Unpaired t-test, $t(7)=1.14$, $p=0.2$.
- (c) Average speed and maximum speed of VTA^{Vgat}-mCherry mice (n=8 mice) and control VTA^{Vgat}-CASP3 mice (n=7 mice). Unpaired t-test, average speed: $t(13)=-4.57$, $***p=0.0005$; maximum speed: $t(13)=-1.72$, $p=0.1$.
- (d) 24-h activity of VTA^{Vgat}-mCherry mice (n=9 mice) and VTA^{Vgat}-CASP3 mice (n=6 mice) in their home cages. Two-way repeated ANOVA and Bonferroni-Holm post hoc test. $F_{(\text{light dark})}=119$, light: mCherry vs. CASP3 $t(13)=2.55$, $*p=0.02$, dark: mCherry vs. CASP3 $t(13)=7$, $****p=8E-6$,
- (e) 4 months post-AAV injection: locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) and VTA^{Vgat}-CASP3 mice (n=6 mice). Unpaired t-test, $t(10)=-5.8$, $***p=0.0001$.
- (f) Body weight development and change of body weight of VTA^{Vgat}-mCherry mice (n=6 mice) and VTA^{Vgat}-CASP3 mice (n=6 mice) Unpaired t-test, $t(10)=1.85$, $p=0.09$.
- (g) Time spent in stereotype of VTA^{Vgat}-hM4Di mice (n=6 mice) in the open field after D-amphetamine injection (subsequent to saline or CNO injection). Unpaired t-test, $t(10)=-4.2$, $**p=0.001$.
- (h) Time spent in stereotype of VTA^{Vgat}-mCherry mice (n=7 mice) and VTA^{Vgat}-CASP3 mice (n=6 mice) in the open field after D-amphetamine injection. Unpaired t-test, $t(11)=-2.24$, $*p=0.04$.

- (i) Immobility time during the TST, FST or SPT of VTA^{Vgat} -hM4Di mice (n=8 mice) after a saline injection and two weeks later a second saline injection. Paired t-test, TST: $t(7)=-0.46$, $p=0.65$; FST: $t(7)=0.8$, $p=0.44$; SPT: $t(7)=1.14$, $p=0.28$.



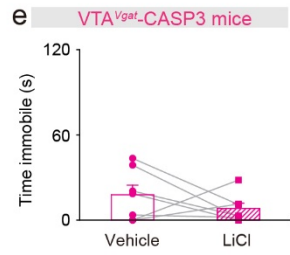
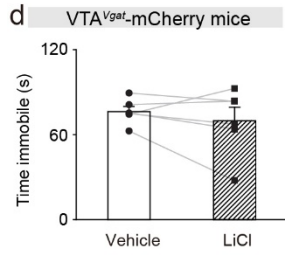
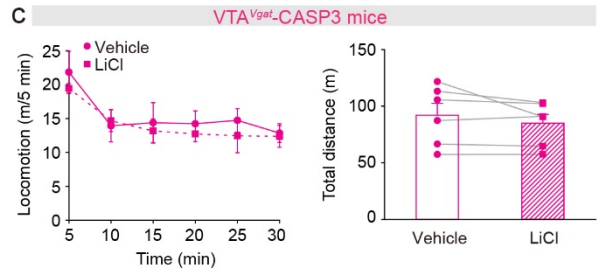
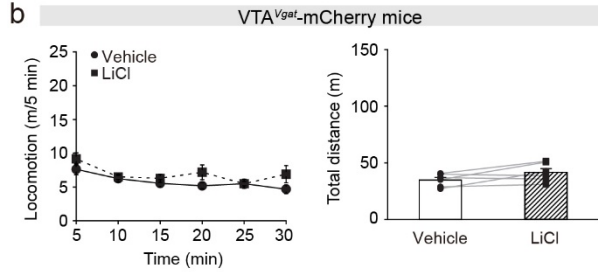
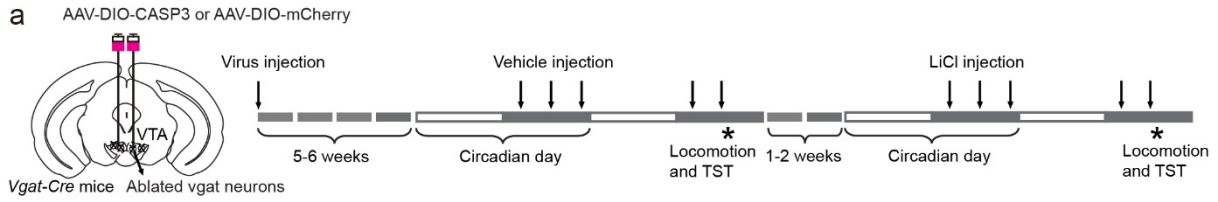
Supplementary Figure 2 (supports Figure 3)

Behavioral baseline during the treatment period and serum lithium level during the treatment

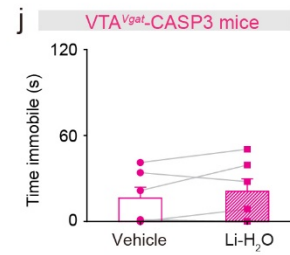
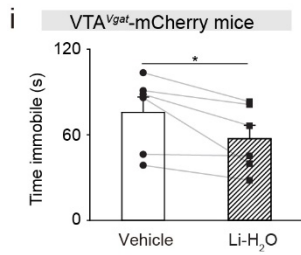
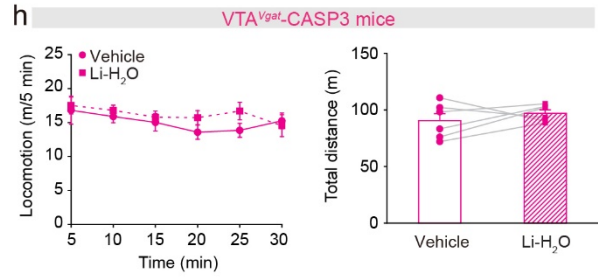
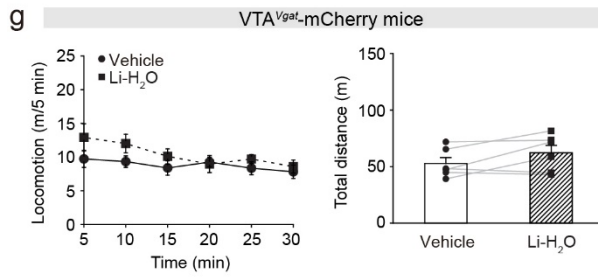
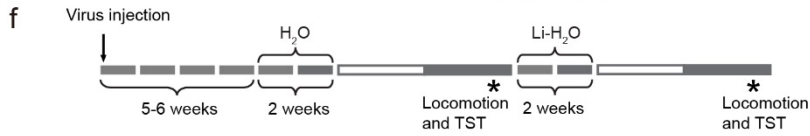
- (a) Serum lithium level of VTA^{Vgat} -CASP3 mice (n=4 mice for each time point) during the treatment.
- (b) Protocol for the measurement of baseline locomotor activity of VTA^{Vgat} -mCherry mice and VTA^{Vgat} -CASP3 mice. The stars indicate when the locomotion tests were undertaken.

- (c) Baseline locomotor activity of VTA^{Vgat}-mCherry mice (n=6 mice). One-way repeated ANOVA and Bonferroni-Holm post hoc test. $F_{(\text{locomotion1, 2, 3})}=1.3$, locomotion 1 vs. locomotion 2 $t(10)=0.44$, $p=0.66$, locomotion 2 vs. locomotion 3 $t(10)=1.17$, $p=0.26$.
- (d) Baseline locomotor activity of VTA^{Vgat}-CASP3 mice (n=6 mice). One-way repeated ANOVA and Bonferroni-Holm post hoc test. $F_{(\text{locomotion1, 2, 3})}=3.1$, locomotion 1 vs. locomotion 2 $t(10)=1.22$, $p=0.25$, locomotion 2 vs. locomotion 3 $t(10)=1.29$, $p=0.22$.
- (e) Baseline TST of VTA^{Vgat}-mCherry mice (n=6 mice). One-way repeated ANOVA and Bonferroni-Holm post hoc test. $F_{(\text{TST1, 2, 3})}=0.12$, TST 1 vs. TST 2 $t(10)=0.46$, $p=0.65$, TST 2 vs. TST 3 $t(10)=0.39$, $p=0.7$.
- (f) Baseline TST of VTA^{Vgat}-CASP3 mice (n=6 mice). One-way repeated ANOVA and Bonferroni-Holm post hoc test. $F_{(\text{TST1, 2, 3})}=0.44$, TST 1 vs. TST 2 $t(10)=0.48$, $p=0.64$, TST 2 vs. TST 3 $t(10)=0.46$, $p=0.65$.

Treatment of $VTA^{Vgat-CASP3}$ mice with LiCl injection



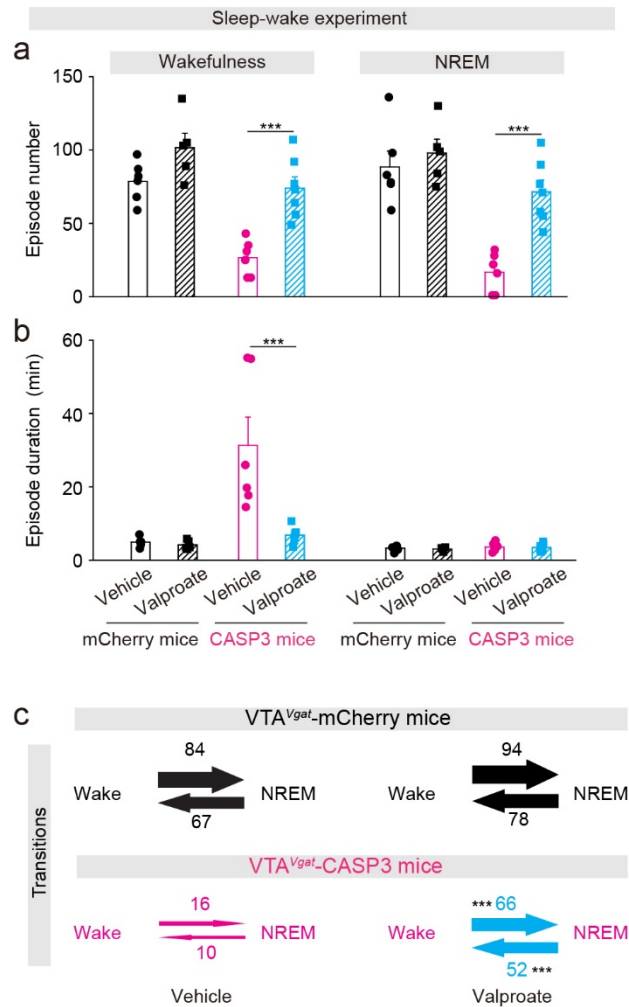
Treatment of $VTA^{Vgat-CASP3}$ mice with Li-H₂O



Supplementary Figure 3 (supports Figure 3)

The mania-like behavior produced by lesioning VTA^{Vgat} neurons cannot be treated by lithium

- (a) Pharmacological treatment protocol for LiCl. The top arrows indicate vehicle or LiCl injection (depending on mouse group) and the stars indicate when the behavioral experiments were undertaken.
- (b) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or LiCl treatment. Paired t-test, $t(5)=-2.08$, $p=0.09$.
- (c) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=6 mice) received either vehicle or LiCl treatment. Paired t-test, $t(5)=1.39$, $p=0.22$.
- (d) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or LiCl injection. Paired t-test, $t(5)=0.9$, $p=0.4$.
- (e) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=6 mice) that received either vehicle or LiCl treatment. Paired t-test, $t(5)=1.08$, $p=0.32$.
- (f) Pharmacological treatment protocol for Li-H₂O. The top arrows indicate that mice were feed with water or Li-H₂O and the stars indicate when the behavioral experiments were undertaken.
- (g) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or Li-H₂O treatment. Paired t-test, $t(5)=-1.89$, $p=0.11$.
- (h) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=6 mice) received either vehicle or Li-H₂O treatment. Paired t-test, $t(5)=-0.9$, $p=0.4$.
- (i) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or Li-H₂O treatment. Paired t-test, $t(5)=2.85$, $p=0.03$.
- (j) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=6 mice) that received either vehicle or Li-H₂O treatment. Paired t-test, $t(5)=-1.31$, $p=0.24$.



Supplementary Figure 4 (supports Figure 3f)

Valproate treatment normalizes the sleep-wake architecture of the VTA^{Vgat}-CASP3 mice

(a) Episode number of wake and NREM sleep for VTA^{Vgat}-mCherry and VTA^{Vgat}-CASP3 mice that received vehicle or valproate injection during the 12 hours “lights off” period. mCherry + vehicle n=6 mice; mCherry + valproate n=5 mice; CASP3 + vehicle n=6 mice; CASP3 + valproate n=7 mice. Two-way ANOVA and Bonferroni-Holm *post hoc* test. Wake: $F_{(mCherry\ or\ CASP3)}=30$; $F_{(Vehicle\ or\ valproate)}=24$; $F_{(interaction)}=2.9$; mCherry + vehicle vs. mCherry + valproate $t(9)=-2.12$, $p=0.06$; CASP3 + vehicle vs. CASP3 + valproate

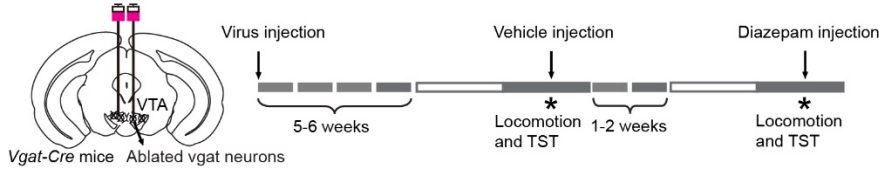
$t(11)=-4.98$, *** $p=0.0004$. NREM: $F_{(mCherry\ or\ CASP3)}=32$; $F_{(vehicle\ or\ valproate)}=13$; $F_{(interaction)}=6$;
mCherry + vehicle vs. mCherry + valproate $t(9)=-0.64$, $p=0.53$; CASP3 + vehicle vs.
CASP3 + valproate $t(11)=-5.44$, *** $p=0.0002$.

(b) Episode duration of wake and NREM sleep for VTA^{Vgat}-mCherry mice VTA^{Vgat}-CASP3 mice that received vehicle or valproate injection. mCherry + Vehicle $n=6$ mice; mCherry + valproate $n=5$ mice; CASP3 + vehicle $n=6$ mice; CASP3 + valproate $n=7$ mice. Two-way ANOVA and Bonferroni-Holm *post hoc* test. Wake: $F_{(mCherry\ or\ CASP3)}=13$; $F_{(vehicle\ or\ valproate)}=10$; $F_{(interaction)}=9$; mCherry + vehicle vs. mCherry + valproate $t(9)=0.96$, $p=0.35$; CASP3 + vehicle vs. CASP3 + valproate $t(11)=3.45$, ** $p=0.005$. NREM: $F_{(mCherry\ or\ CASP3)}=0.86$; $F_{(vehicle\ or\ valproate)}=0.23$; $F_{(interaction)}=0.009$; mCherry + vehicle vs. mCherry + valproate $t(9)=0.55$, $p=0.59$; CASP3 + vehicle vs. CASP3 + valproate $t(11)=0.24$, $p=0.81$.

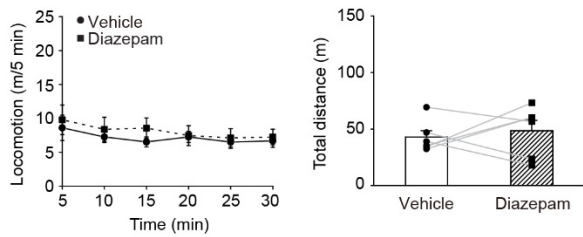
(c) Transitions of wake and NREM sleep for VTA^{Vgat}-mCherry mice and VTA^{Vgat}-CASP3 mice that received vehicle or valproate injection. mCherry + vehicle $n=6$ mice; mCherry + valproate $n=5$ mice; CASP3 + vehicle $n=6$ mice; CASP3 + valproate $n=7$ mice. Unpaired t-test, Wake to NREM: $t(11)=-5.2$, *** $p=0.0002$; NREM to wake: $t(11)=-4.46$, *** $p=0.0009$. All error bars represent the SEM.

Treatment of $VTA^{Vgat-CASP3}$ mice with Diazepam

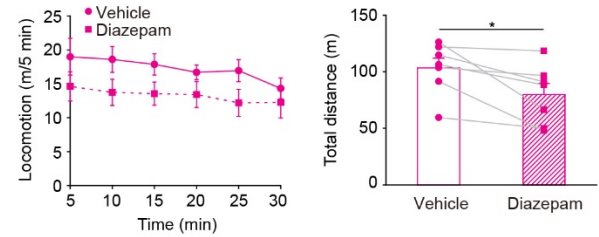
a AAV-DIO-CASP3 or AAV-DIO-mCherry



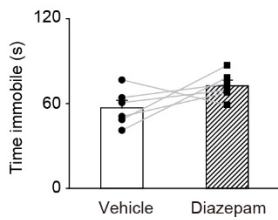
b $VTA^{Vgat-mCherry}$ mice



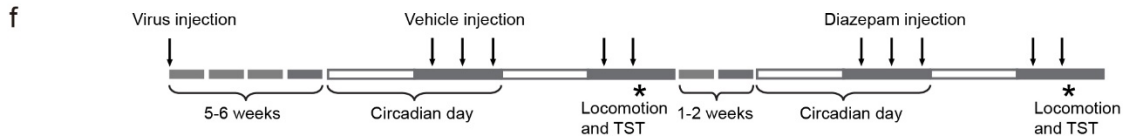
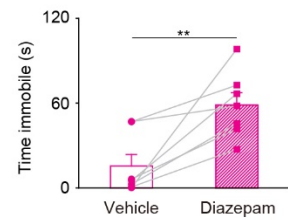
c $VTA^{Vgat-CASP3}$ mice



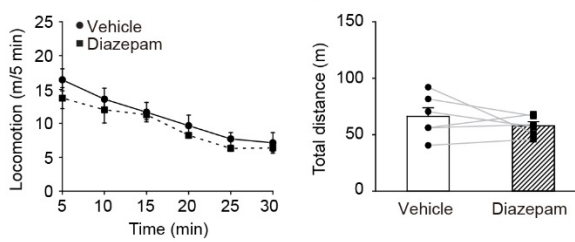
d $VTA^{Vgat-mCherry}$ mice



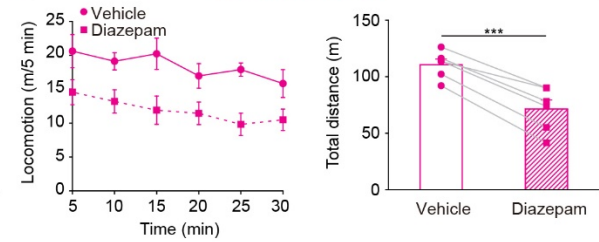
e $VTA^{Vgat-CASP3}$ mice



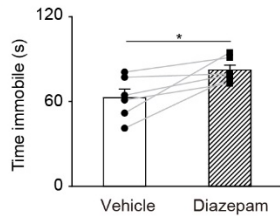
g $VTA^{Vgat-mCherry}$ mice



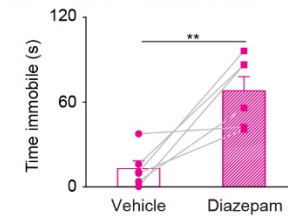
h $VTA^{Vgat-CASP3}$ mice



i $VTA^{Vgat-mCherry}$ mice



j $VTA^{Vgat-CASP3}$ mice

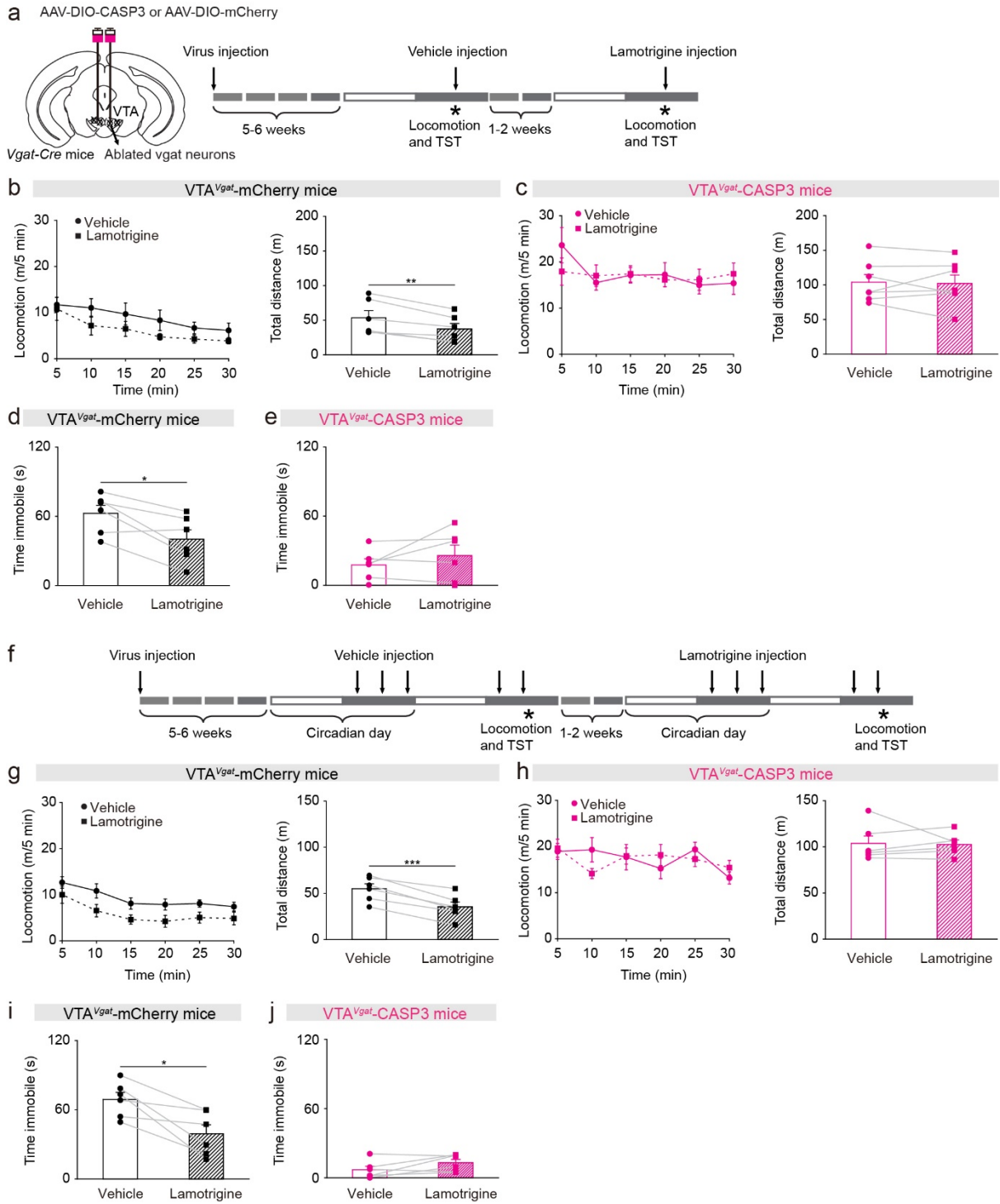


Supplementary Figure 5 (supports Figure 3)

The mania-like behavior produced by lesioning VTA^{Vgat} neurons can largely be treated by diazepam

- (a) Pharmacological treatment protocol for diazepam (1 mg/kg). The top arrows indicate vehicle or diazepam injection (depending on mouse group) and the stars indicate when the behavioral experiments were undertaken.
- (b) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(5)=-0.5$, $p=0.63$.
- (c) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=7 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(6)=2.99$, $*p=0.02$.
- (d) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or diazepam injection. Paired t-test, $t(5)=-1.83$, $p=0.1$.
- (e) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=7 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(6)=-3.94$, $**p=0.007$.
- (f) Pharmacological repeated treatment protocol for diazepam. The top arrows indicate vehicle or diazepam injection and the stars indicate when the behavioral experiments were undertaken.
- (g) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(5)=1.04$ $p=0.34$.
- (h) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=6 mice) received either vehicle or diazepam treatment. Paired t-test, $t(5)=10$, $***p=0.0001$.
- (i) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(5)=-3$, $*p=0.02$.
- (j) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=6 mice) that received either vehicle or diazepam treatment. Paired t-test, $t(5)=-4.1$, $**p=0.008$.

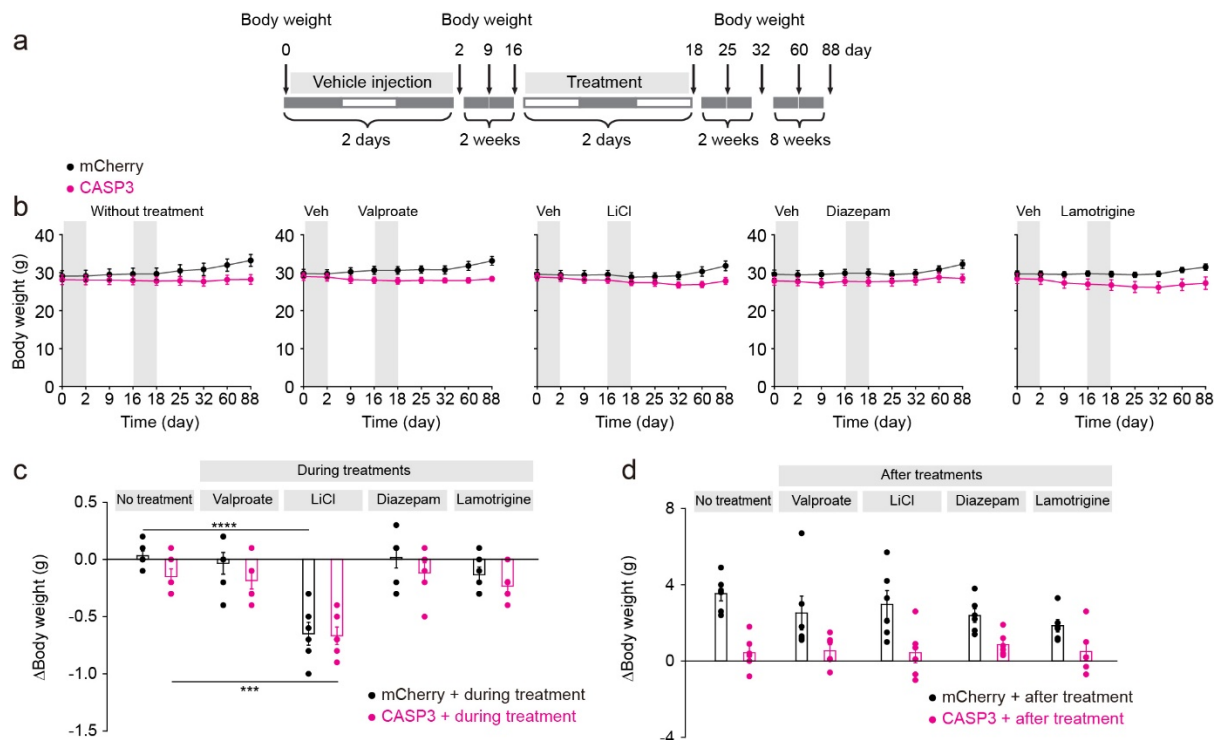
Treatment of $VTA^{Vgat-CASP3}$ mice with Lamotrigine



Supplementary Figure 6 (supports Figure 3)

The mania-like behavior produced by lesioning VTA^{Vgat} neurons cannot be treated by lamotrigine

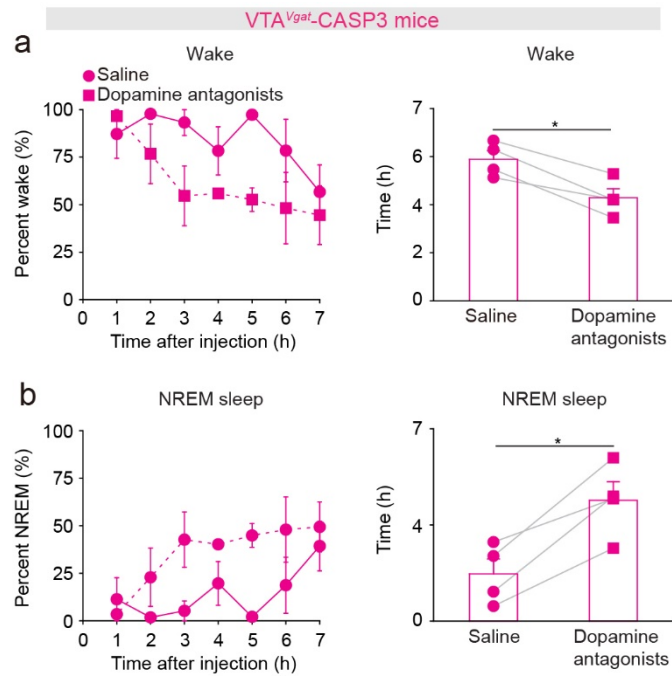
- (a) Pharmacological treatment protocol for lamotrigine (10 mg/kg). The top arrows indicate vehicle or lamotrigine injection (depending on mouse group) and the stars indicate when the behavioral experiments were undertaken.
- (b) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=5$, $**p=0.004$.
- (c) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=7 mice) received either vehicle or lamotrigine treatment. Paired t-test, $t(6)=0.24$, $p=0.8$.
- (d) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or lamotrigine injection. Paired t-test, $t(5)=3.31$, $*p=0.02$.
- (e) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=6 mice) that received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=-1.22$, $p=0.27$.
- (f) Pharmacological repeated treatment protocol for lamotrigine. The top arrows indicate vehicle or lamotrigine injection and the stars indicate when the behavioral experiments were undertaken.
- (g) Locomotion speed and distance travelled of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=7.7$, $***p=0.0005$.
- (h) Locomotion speed and distance travelled of VTA^{Vgat}-CASP3 mice (n=6 mice) received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=0.17$, $p=0.87$.
- (i) Time spent immobile on the TST of VTA^{Vgat}-mCherry mice (n=6 mice) that received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=-3.59$, $*p=0.01$.
- (j) Time spent immobile on the TST of VTA^{Vgat}-CASP3 mice (n=6 mice) that received either vehicle or lamotrigine treatment. Paired t-test, $t(5)=-1.88$, $p=0.1$.



Supplementary Figure 7 (supports Figure 3)

Body weight of the mice during and after treatments.

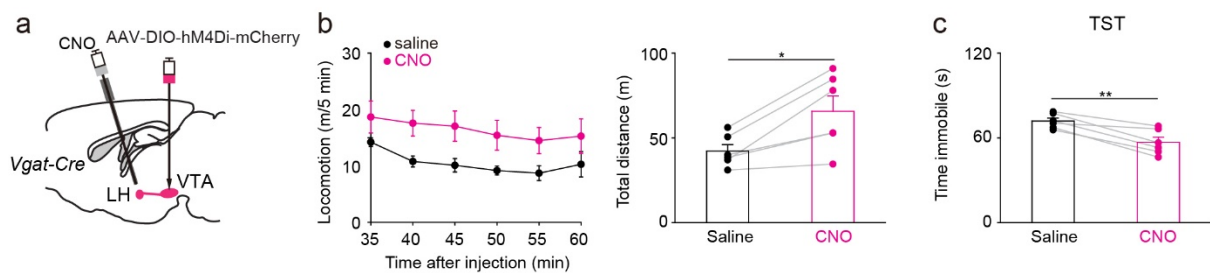
- (a) Measurement of body weight for all drug treatments. The top arrows indicate body weight measurement.
- (b) Body weight of VTA^{Vgat} -mCherry mice or VTA^{Vgat} -CASP3 mice that received either vehicle or drug treatments or had no treatments.
- (c) Change of body weight during the 2-day treatments or without treatments. Two-way ANOVA and Bonferroni-Holm *post hoc* test. mCherry: no treatment vs. LiCl $t(10)=6.34$, **** $p=0.00008$. CASP3: no treatment vs. LiCl $t(10)=5$, *** $p=0.0004$.
- (d) Change of body weight after treatments or without treatment.



Supplementary Figure 8 (supports Figure 5)

Blocking dopamine signaling restores extended wakefulness of VTA^{Vgat}-CASP3 mice

- (a) Percentage wake of VTA^{Vgat}-CASP3 mice (n=4 mice) that received injections of saline or a dopamine receptor antagonist mixture (SCH-23390 and raclopride for D1 and D2/D3 receptors, respectively). Paired t-test, $t(3)=5.75$, $*p=0.01$.
- (b) Percentage NREM sleep of VTA^{Vgat}-CASP3 mice that received either saline or the dopamine receptor antagonist mixture. Paired t-test, $t(3)=-5.39$, $*p=0.01$.



Supplementary Figure 9 (supports Figure 5)

Chemogenetic inhibition of the VTA^{Vgat} to LH projection produces hyperlocomotion and less depressive-like behavior

- (a) AAV-DIO-hM4Di-mCherry was injected into the VTA of *Vgat-cre* mice. A guided cannula to deliver CNO (1mM) or saline was implanted above the LH.
- (b) Locomotion speed and distance travelled for VTA^{Vgat}-hM4Di mice (n=6 mice) that received either saline or CNO into the LH through the cannula. Paired t-test, $t(5)=-3.8$, * $p=0.01$.
- (c) Immobility time during the tail-suspension test (TST) for VTA^{Vgat}-hM4Di mice (n=6 mice) that received either saline or CNO injection into the LH. Paired t-test, $t(5)=5.42$, ** $p=0.002$.